



# Cost-effectiveness in CRC early detection

## Veerle Coupé

MEDOCC

STAND  
UP TO  
CANCER

MOCCAS

VUmc 

v.coupe@vumc.nl  
www.dmc-vumc.nl

## **VUmc:**

Veerle Coupé  
Marjolein Greuter  
Hans Berkhof  
Janneke Wilschut

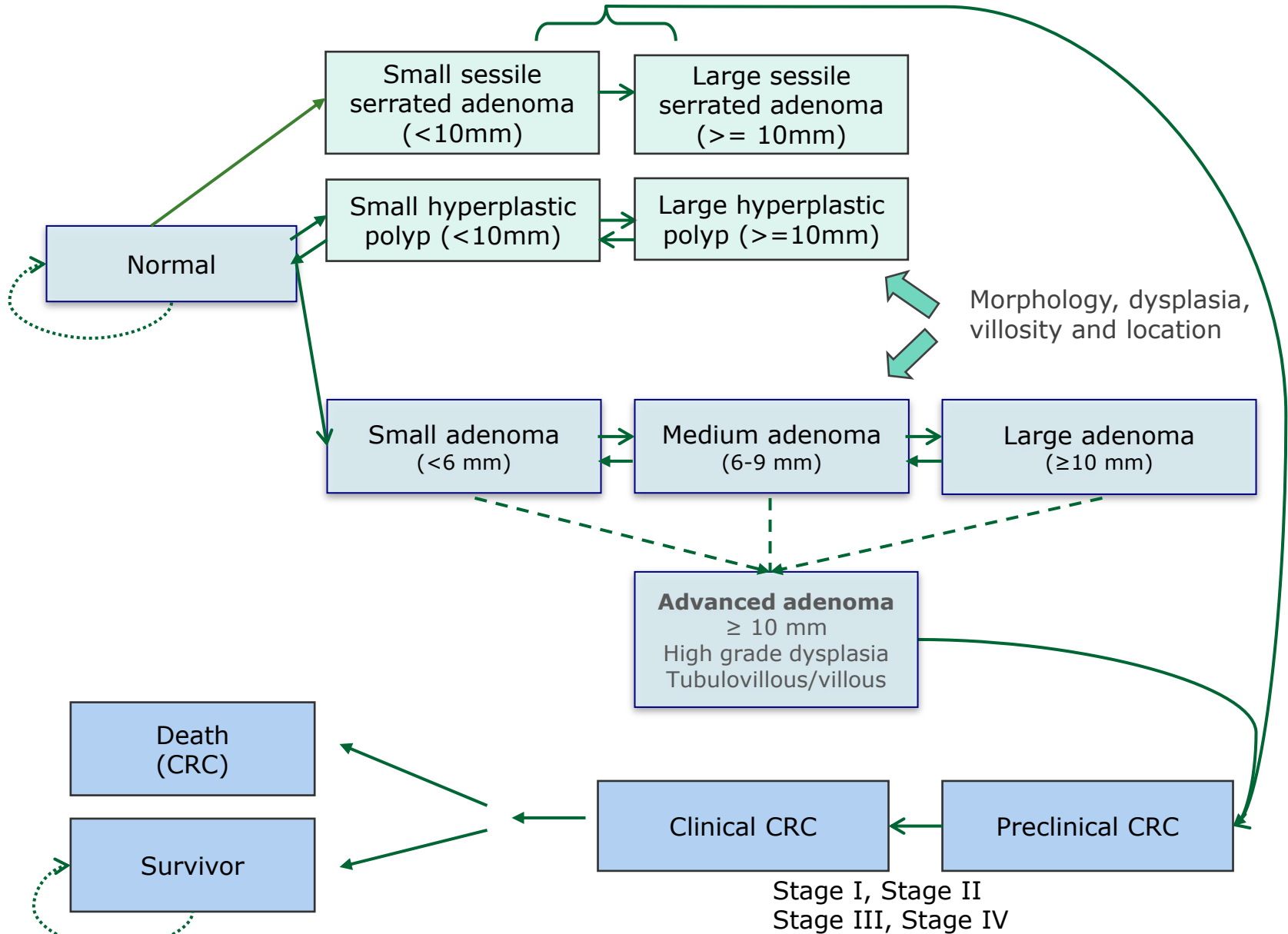
## **NKI:**

Gerrit Meijer  
Beatriz Carvalho  
Meike de Wit  
Linda Bosch

## **AMC**

Evelien Dekker  
Clasine de Klerk  
Jasper Vleugels  
Yark Hazewinkel  
Maxime Bronzwaer  
Arne Bleijenberg  
Joep Ijspeert

# ASCCA model



# 1. Effectiveness of surveillance

- Screening added to already existing surveillance programme
- Increased risk of developing CRC after polypectomy
- Aim: to evaluate the additional benefit of surveillance in a FIT-based screening program

# 1. Strategies

1) No screening and no surveillance

Participation rates:

FIT-screening: 73%

Diagn + surv colonoscopy: 92%

2) FIT-screening *without* colonoscopy

Low risk: return to screening after ten years

Increased risk: immediately return to screening

3) FIT-screening *plus colo surveillance* based on Dutch guideline

Low risk: return to screening after ten years

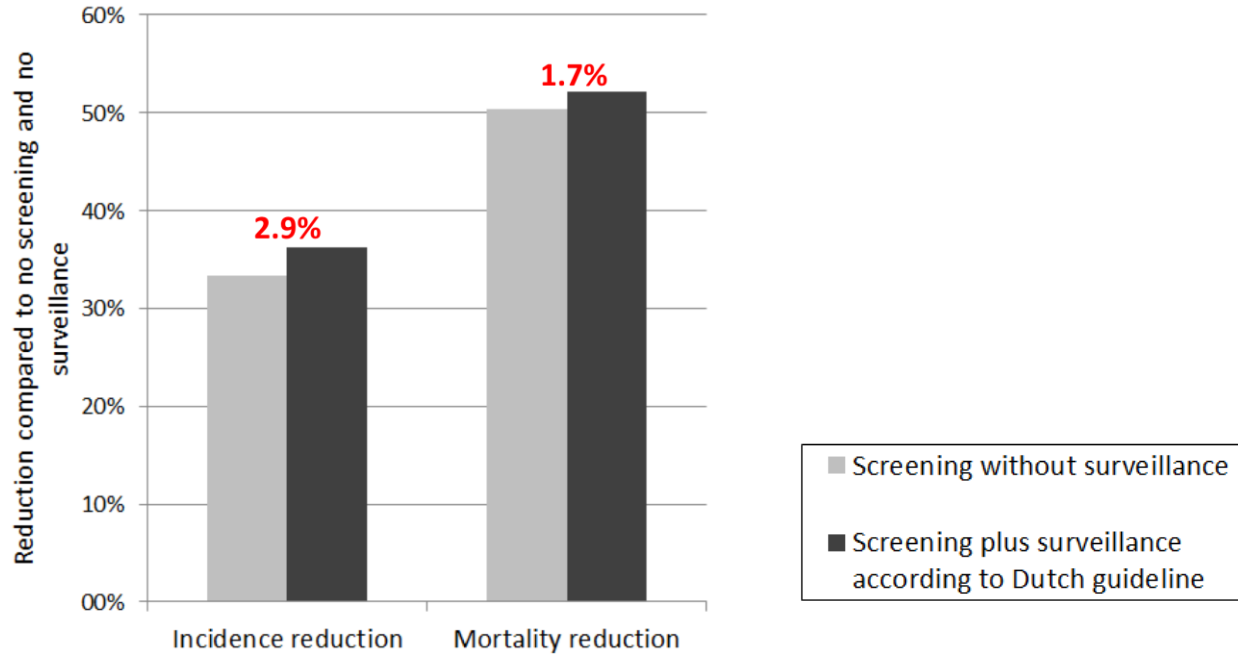
Intermediate risk: five year surveillance interval

High risk: three year surveillance interval

End age: 75 years

# 1. Results

- Adding surveillance decreases CRC burden slightly



- Not cost-effective compared to screening without surveillance
- Substantial colonoscopy demand

## 2. Optical diagnosis

- 70-90% of detected polyps during colonoscopy are 1-5mm
- Small risk on advanced histological features and CRC
- Aim: to determine the effectiveness and costs of an optical diagnosis strategy compared to histopathological diagnosis of all diminutive polyps

# 2. Strategies

FIT-based CRC screen participation

1) Histopathology (H)  
*Polypectomy and histopathology of polyps*

Parameters optical diagnosis:

High confidence: 76%

Diagnostic sensitivity:

Adenomas: 88%

SSAs: 91%

HPs: 88%

Incomplete polypectomy 1-5mm: 3%

CRC in 1-5mm adenoma: 0.04%

2) Optical diagnosis (OD) strategy:

*Diminutive polyps assessed with high confidence are not analysed by a pathologist and HPs in the rectosigmoid are left without resection*



# 2. Results

- Implementation of OD saves costs without decreasing program effectiveness
- Annual undiscounted cost-saving of 1.7-2.2 million euros
- Training for adequate competence in OD

# 3. Differences in detection rates

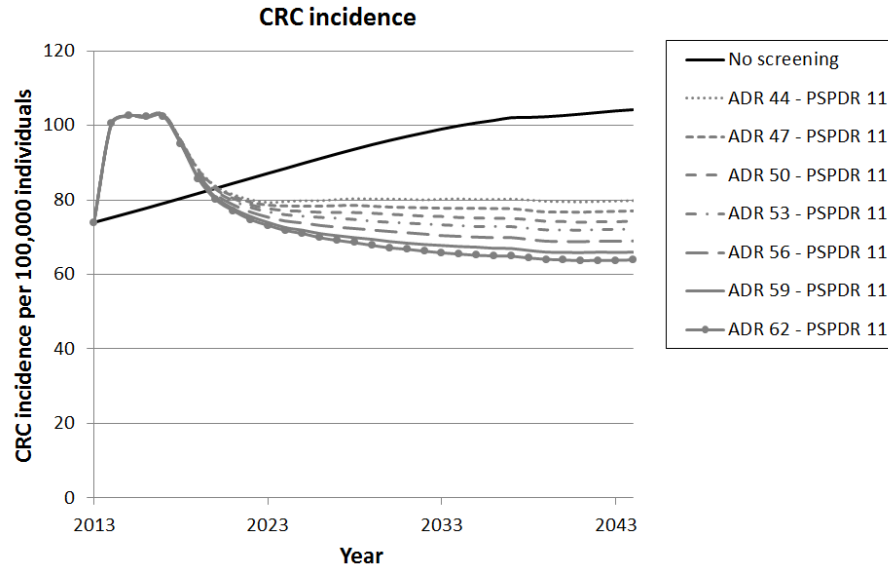
- Colonoscopy quality indicators: ADR and PSPDR
- ADR and PSPDR vary among endoscopists
- Aim: to evaluate the effect of variation in detection rates on the long-term impact of a FIT-based screening program

# 3. Strategies

- ADR and PSPDR were determined in a screening cohort
- Base-case detection rates:
  - ADR: 59%
  - PSPDR: 11%
- Different detection settings:
  - ADR varied with steps of 3%
  - PSPDR varied with steps of 2%

# 3. Results

- Increase in ADR reduces long-term CRC burden



- Increase in PSPDR does not influence long-term CRC burden on a population level
- Limited effect PSPDR due to:
  - 15% contribution of serrated pathway to CRC incidence
  - Limited diagnostic accuracy of FIT for SPs

QUESTIONS / REMARKS ?



# Cost-effectiveness in CRC early detection

## Veerle Coupé

MEDOCC

STAND  
UP TO  
CANCER

MOCCAS

VUmc 

v.coupe@vumc.nl  
www.dmc-vumc.nl